



# Audit Service Bulletin

Vision : To become a world class supreme audit institution, delivering professional, excellent and cost effective auditing services

## End of year message from Mr Johnson Akuamoah Asiedu - Auditor-General

As we stand at the threshold of the holiday season, I am filled with pride and gratitude for the remarkable journey we have undertaken together this year. Your unwavering dedication and commitment has not only defined our collective success but has also made a lasting impact on the landscape of audit excellence.

We achieved major feats in the year 2023 which includes our recent recognition at the 19th Governing Board Meeting of AFROSAI-E, where our Performance and Special Audits Department received the prestigious award for the best performance audit report, a second time in succession. This accolade reflects the exceptional professionalism each of you embodies and the progress we have made in

advancing transparency, accountability, and audit excellence.

The Service has therefore been nominated by INTO-SAI to serve on the performance audit standards committee.

With our combined efforts we were able to recover a significant amount of GHS19,631,516.63 from disallowance and through payroll audits, saved the government GHS21,875,570.53. This monumental achievement highlights your meticulous work and commitment to upholding financial integrity. This recovery is more than just a number; it symbolizes our influence in promoting fiscal responsibility and accountability in service to Ghana.

Your hard work in the year resulted in the publication of 22 reports.

As we reflect on these accomplishments, let us not forget the countless hours and steadfast dedication each one of you has contributed to our shared mission. Your sacrifices have not gone unnoticed, and I am profoundly grateful to lead such an extraordinary team of state auditors.

Approaching the festive season, I extend heartfelt gratitude for your resilience. The success we celebrate today is a testament to your hard work and collective spirit. Your efforts have not only earned awards and recoveries but have also forged a legacy of pride and impact for our office.



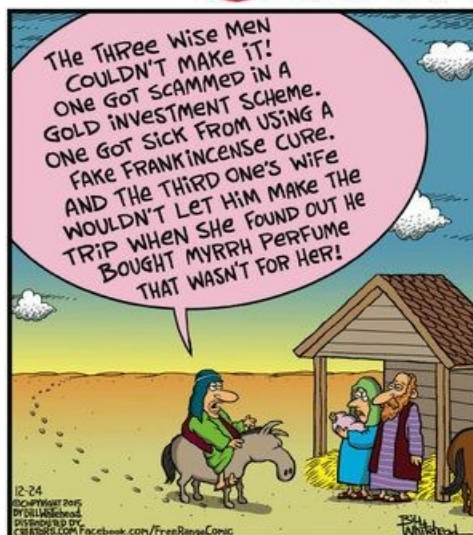
May this holiday season bring joy, reflection, and celebration with your loved ones. As the new year approaches, I look forward to new challenges and opportunities.

Wishing you and your families a Merry Christmas filled with warmth, love, and the simple joys that make this season truly special.

Merry Christmas and a Prosperous New Year!!!

### In this issue:

- ⇒ End of year message from the Auditor-General - Pg.1
- ⇒ End of year messages from the Deputy Auditors-General - Pg.2
- ⇒ End of year messages from the Deputy Auditors-General - Pg.3
- ⇒ End of year messages from the Regional Auditors - Pg.4
- ⇒ End of year messages from the Regional Auditors - Pg.5
- ⇒ Embracing Wellness: A Guide to a Healthy Christmas Week - Pg.6



Merry Christmas and Happy New Year from the PR Unit

May this holiday season bring you much joy and the New Year be your best one yet

Many thanks to our contributors and readers

Articles and contributions are welcome from staff

## *End of year messages from the Deputy Auditors-General*

**Mr. Mohammed Zakaria Ali**  
(Central Government Audits Department)



*During this holiday season more than ever, I am thankful to the entire Audit Service staff for your dedication, hard work and team spirit throughout the year.*

*We achieved many successes in the year 2023 which could not have been possible without your support.*

*I wish to sincerely say thank you and best wishes for the holiday season.*

*Have a wonderful Christmas with lots of love and merry making.*

**Mrs. Roberta Assiamah-Appiah**  
(Educational Institutions and District Assemblies, Southern Zone)

*As we embrace the spirit of Christmas, I want to extend my heartfelt gratitude to each one of you for your dedicated efforts throughout the year. Your commitment to excellence has been the foundation of our collective success.*

*This holiday season, may you find joy in the company of loved ones and may the spirit of Christmas fill your hearts with warmth and positivity. As we reflect on the past year, let us cherish the achievements and lessons that have shaped us.*

*Your hard work and professionalism have not only upheld the standards of our profession but have also set an example for others. May this holiday season bring you well deserved rest and rejuvenation, allowing you to spend quality time with your family and friends.*

*Looking ahead, I am confident that together we will continue to achieve great things. Your passion, expertise and unwavering commitment are the driving forces behind our success, and I am truly grateful.*

*Warmest wishes for a Merry Christmas and a Prosperous New Year!*



**Mr. John Godfred Kojo Addison**  
(Commercial Audits Department)



*As we celebrate the joyous season of Christmas, I extend my warmest greetings to each member of our esteemed Audit Service family.*

*May this festive occasion bring you moments of happiness, togetherness, and reflection. Your dedication and hard work have been instrumental in upholding the standards of excellence within the Service. As we cherish the spirit of Christmas, let us also appreciate the camaraderie and unity that define us as a Service.*

*May the coming year be filled with renewed energy, exciting challenges, and countless achievements. Together, let us continue to uphold the principles of transparency, accountability, and integrity that define the crucial work we do.*

*Wishing you and your loved ones a Merry Christmas and a prosperous New Year!*



***End of year messages from the Deputy Auditors-General***

***Mr Lawrence N. Ayagiba  
(Performance and Special Audits Department)***

*So so soon 2023 comes to a close and the holidays are upon us.*

*I want to acknowledge the excellent progress you've made this year. Despite the year's obstacles, you have all shown exceptional passion, dedication, and enthusiasm. This is evidenced in the Department producing 12 performance audit reports and one IT report and to cap it winning the best performance audit report in the AFROSAI-E region for two consecutive times running. The Service has therefore been nominated by INTOSAI to serve on the performance audit standards committee.*



*For this, I say ayekoo to all of us. Working with you has been an absolute pleasure, I couldn't ask for a better Christmas present than the opportunity to see what more you have to offer next year!*

*Enjoy your break, rest up, and let's get ready for the new year ahead.*

*Merry Christmas and prosperous new year in advance to you all.*

***Madam Elizabeth Botchey,  
(Educational Institutions and District Assemblies, Northern Zone)***



*Season's greetings to our incredible staff!*

*Your hard work and selflessness have made this year truly special.*

*Wishing you joy, peace, and a well-deserved break during this festive season.*

*Thank you for your continued devotion to our achievements.*

*Merry Christmas and a Prosperous New Year to you and your loved ones!*

***Mr. Seidu Ahmed Kyei  
(Finance, Administration and Human Resources Department)***

*The year 2023 is gradually drawing to an end, and it is with a grateful heart that I am extending this heartfelt season's greetings to you all.*

*We began the year with many dreams and aspirations and together we worked hard to make them a reality.*

*Thank you so much for your unwavering support and commitment throughout the year.*



*Let us continue to support each other as we strive to achieve our targets in 2024.*

*May Christmas and the coming year bring happiness, good health  
and prosperity to you and your family.*



## *End of year messages from the Regional Auditors*

### **Mr Robert Fiadzoo (Greater Accra Region)**



*I want to send a heartfelt gratitude to you for all of your hard work throughout 2023.*

*Your dedication and commitment to work has helped to make this year our best yet!*

*We were able to achieve our targets for the year and delivered on all our activities for the year. May you and your family have a safe and happy new year!*

### **Mr George Asiamama Kumí, (Bono Region)**

*As we wrap up another impactful year, I want to extend my heartfelt appreciation to the entire staff and our clients for your dedication and hard work in ensuring the success of our audit initiatives in the Bono Region.*



*Your commitment to excellence has been instrumental in upholding the integrity of the Service. Together, we have navigated challenges and celebrated successes, showcasing our collective strength and resilience.*

*As we step into a new year, let's carry forward the lessons learned and the spirit of collaboration. I am confident that our continued teamwork will lead to even greater achievements.*

*Wishing you all a well-deserved break and a joyous festive season.*

### **Mr Kwame Asare (Ahafo Region)**



*Time flies, and we've already reached the conclusion of the year.*

*As we embrace the spirit of Christmas, I want to extend my heartfelt gratitude to each one of you for your dedicated efforts throughout the year.*

*Your commitment to excellence has been the foundation of our collective success in the Ahafo Region.*

*May the coming year bring new opportunities, continued growth, and shared success. Thank you for your unwavering dedication, and may your Christmas be filled with love, laughter, and moments of pure joy.*

*I hope you all have a wonderful holiday season with your family and friends.*

*To all of you, Merry Christmas and a Happy New Year.*

### **Madam Kubura Lamisi Mohamadu (Northern/Northeast and Savannah regions)**

*Thank you for working so hard throughout this past year to support the mandate of Audit Service. We wouldn't be where we are today without your contributions and dedication to hard work. I wish you all the best of the season. Enjoy the holidays.*



### **Mr Evans Agyin (Central Region)**



*To God be the Glory His mercies are new every morning.*

*Together we have projected the Audit Service well to the Central Region through our innovative recommendations. Let us continue to share best practices with our stakeholders so they see and know us as knowledgeable professionals.*

*I wish you peace, joy and love this Christmas and always*

*Merry Christmas and happy New Year*

### **Madam Pearl Klu (Western Region)**

*Christmas is the time we are supposed to forget everything about the past. May the season bring more success and accomplishment to our lives.*

*As the year ends, let us reflect on our achievements and shortcomings for 2023 and strive for better output in 2024, trusting Almighty God for His guidance, protection and divine health.*

*May this Christmas bring happiness, hope and joy to you and your family,*

*May the New Year be filled with God's wonder.*

*Merry Christmas and a Happy New Year.*

### **Mr Samuel Nii Odartey Lamptey (Western North Region)**

*Your dedication, hardworking, and commitment to excellence have been invaluable this year in contributing to our outcome of the Region.*

*Thank you for contributing to the successes Audit Service chalked in 2023.*

*I believe 2024 is going to be even better!*

*Enjoy the holidays.*

*Merry Christmas.*





## *End of year messages from the Regional Auditors*

### **Mr Moses Ahiatsi (Volta Region)**



*Wishing You a Merry Christmas and Joyous Holidays!*

*Christmas is here with us again. I therefore want to take a moment to extend my warmest wishes to each and every one of you. It is a season for reflection, gratitude,*

*and joy. I am incredibly grateful to have such a dedicated and talented Team.*

*Thank you for your dedication and commitment to duty. I appreciate each and every one of you. I am proud and grateful to lead such an outstanding Team.*

*Merry Christmas and Happy New Year. May the New Year bring you prosperity and success. Ayekooo!*

### **Mr Samuel Etiako (Bono East Region)**

*Thank you all for a successful year in the life of the newly created Region.*

*This could not be possible without your sacrifice.*

*Wishing you a merry Christmas and prosperous New year with renewed strength to achieve more.*



### **Mr Samuel Amofa (Upper East Region)**



*May all that is beautiful, meaningful, successful, and bring us joy be the portion of all staff this Christmas and beyond*

### **Madam Count Anukware Akpeloo (Eastern Region)**

*The steadfast love of the Lord never ceases, His mercies never come to an end. They are new every morning. Great is thy faithfulness oh Lord, great is thy faithfulness.*

*All too soon, the year 2023 is coming to an end for us to welcome 2024. We thank God for his abundant grace that carried us to achieve our numerous assignments successfully.*

*Your dedication and hard work has made what proved to be a challenging year, become a fruitful one.*

*Well done. May you all have a relaxing holiday season that you desire to enter the New Year with zeal to carry out our mandate.*

*Merry Christmas and a prosperous new year to you all.*



### **Mr Emmanuel N Botchway (Upper West Region)**

*As the year ends, I want to take a moment to express my heartfelt gratitude for your hard work, dedication, and contributions to our collective success.*

*The holiday season is a time for reflection, appreciation, and celebration. Your efforts have played a crucial role in our achievements throughout the year, and I am truly thankful for the positive impact each of you has had on our team.*

*May this festive season bring you joy, warmth, and well-deserved moments of relaxation with your loved ones. As we look forward to the opportunities and challenges that the new year will bring, I am confident that, together, we will continue to achieve great things.*

*Wishing you and your families a wonderful holiday season and a Happy New Year filled with happiness, good health, and continued success.*

*Thank you for your continued commitment and hard work to the Service. Here's to a fantastic year ahead!*



### **Mr Fosu Gyeabour Emmanuel (Ashanti Region)**



*Merry Christmas to my wonderful colleagues who make every day at work more interesting than ever before!*

*You are such an inspiration to me — thank you for being there through thick and thin.*

*May the Spirit of God that raised Jesus from the dead continue to be your guide.*

*God bless you all*

### **Mr Johnson Owusu (Oti Region)**

*To all employees of GAS, particularly staff of the Oti Region thank you for the sacrifices and everything you do and have done for GAS.*

*We were able to achieve our goals because of the tremendous efforts you put in. Your hard work. Dedication and tenacity in 2023 are highly appreciated and we look forward to a brand-new year full of enthusiasm.*

*May this Christmas season bring abundance of joy, happiness and peace to you and your loved ones.*

*Happy Christmas!!*

*Happy Holiday!!*



## Embracing Wellness: A Guide to a Healthy Christmas Week

As the festive season approaches, it's natural to look forward to joyous celebrations, delicious feasts, and quality time with loved ones. However, the holiday season often brings with it an abundance of indulgent treats and busy schedules that can challenge our commitment to health. This year, let's make a conscious effort to prioritize our well-being during the Christmas week. In this guide, we'll explore a variety of tips to help you maintain a healthy balance between enjoying the festivities and caring for your body and mind.

### Mindful Eating

One of the highlights of Christmas is undoubtedly the feast on the table. While it's tempting to indulge in every dish, practicing mindful eating can help you savor the flavors without overeating. Start by listening to your body's hunger cues and choosing smaller portions. Chew slowly, engage with the textures and flavors, and be present in the moment. This approach not only supports digestion but also allows you to enjoy your favorite festive foods more consciously.

### Hydration Is Key

Amidst the merriment, it's easy to forget the importance of staying hydrated. Make a conscious effort to drink plenty of water throughout the day. Water not only supports digestion but also helps regulate appetite, keeping you from overindulging in holiday treats. Consider infusing your water with slices of citrus or herbs for a festive twist that adds flavor without added calories.

### Plan Physical Activities

The Christmas season often dis-

rupts our regular exercise routines, but that doesn't mean you should skip physical activity altogether. Plan family-friendly activities like a post-dinner walk, a



friendly game of touch football, or even a dance-off to your favorite holiday tunes. These activities not only burn calories but also provide an opportunity to bond with loved ones while staying active.

### Choose Nutrient-Rich Options

When preparing meals, aim to incorporate nutrient-dense ingredients. Include a variety of colorful fruits and vegetables to ensure you're getting a range of vitamins and minerals. Consider swapping traditional ingredients for healthier alternatives – for example, opt for whole-grain flour in baking or choose lean proteins for your main dishes. These small adjustments can contribute to a more nourishing holiday menu.

### Prioritize Sleep

Amidst the hustle and bustle of the season, don't compromise on sleep. Ensure you're getting enough rest to support your overall well-being. Lack of sleep can lead to increased stress lev-

els and a weakened immune system, making it harder for your body to fend off seasonal illnesses. Establish a relaxing bedtime routine and aim for 7-9



hours of quality sleep each night.

### Manage Stress

While the holidays are a time of joy, they can also be stressful. Manage stress by setting realistic expectations, delegating tasks, and taking breaks when needed. Incorporate stress-reducing activities into your routine, such as deep breathing, meditation, or a warm bath. Prioritizing mental health is essential for a truly joyful and healthy holiday experience.

### Limit Sugar Intake

Christmas is synonymous with sweet treats, but excessive sugar consumption can take a toll on your health. Be mindful of your sugar intake and opt for healthier dessert alternatives. Consider incorporating natural sweeteners like honey or maple syrup and choose desserts with a higher nutritional value, such as fruit salads or yogurt parfaits.

### Create a Support System

Share your commitment to a

healthy Christmas with friends and family. Having a support system can help you stay accountable and motivated. Encourage loved ones to join you in making nutritious choices and staying active. Plan activities together that align with your health goals, fostering a sense of community and shared well-being.

### Practice Gratitude

Amidst the festivities, take a moment to reflect on the positive aspects of your life. Practicing gratitude has been linked to improved mental well-being and can enhance your overall outlook on life. Consider keeping a gratitude journal or simply taking a few moments each day to acknowledge the things you are thankful for.

### Enjoy the Moment

Finally, remember that the holidays are a time to cherish special moments with loved ones. Be present in the celebrations, enjoy the laughter, and create lasting memories. Striking a balance between indulgence and mindful choices will allow you to fully embrace the holiday spirit while maintaining your commitment to a healthy lifestyle.

### Conclusion

This Christmas week, let wellness be at the forefront of your celebrations. By incorporating these tips into your holiday routine, you can enjoy the festivities without compromising your health. Embrace the joy of the season while making conscious choices that support your overall well-being. Here's to a healthy, happy, and harmonious Christmas for you and your loved ones!

Source: <https://alternative.health>

Health  
corner

### Address

P. O. Box M96, Ministries Accra  
Ministries Block 'O'

Digital Address: GA-110-8497

Phone +233(0)302664920/28/29

Email: [info@ghaudit.org](mailto:info@ghaudit.org)

Website: [www.ghaudit.org](http://www.ghaudit.org)

### Personality profile



Carol Osei Akomeah

Principal Auditor, Tarkoradi 'A'

Hails from Asuafo in the Ashanti Region

Joined the Service in 2015

Favourite food is Fufu and Light Soup

Hobby is listening to music